



# FEDERAZIONE ITALIANA NUOTO

## Comitato Regionale Abruzzese

### TEMPI LIMITE 2012/2013

#### Sezione MASCHILE

STILE	SEN./C. 1992/1993	CAD. 1994	JUN 1995	JUN 1996	RAG 1997	RAG 1998/1999	ES/A 2000	ES/A 2001	ES/B 2002	ES/B 2003
50 STILE LIBERO	27.00	28.00	29.00	30.00	32.00	33.00	35.00	36.00	38.00	39.00
100 STILE LIBERO	01.00.00	01.01.00	01.05.00	01.06.50	01.11.00	01.13.00	01.18.00	01.20.50	01.28.00	01.30.50
200 STILE LIBERO	02.13.00	02.14.50	02.20.00	02.22.00	02.30.00	02.33.00	02.45.00	02.48.50	03.15.00	03.18.50
400 STILE LIBERO	04.48.00	04.52.00	05.02.00	05.06.00	05.20.00	05.24.00	05.50.00	05.54.00	07.00.00	07.05.00
800 STILE LIBERO	19.30.00	19.45.00	20.10.00	20.25.00	21.05.00	21.20.00	23.00.00	23.15.00		
50 DORSO									46.00	47.00
100 DORSO	01.12.00	01.13.00	01.17.00	01.18.50	01.22.00	01.24.00	01.30.00	01.32.50	01.45.00	01.47.50
200 DORSO	02.39.00	02.40.50	02.48.00	02.50.00	02.58.00	03.01.00	03.10.00	03.13.50	03.45.00	03.48.50
50 RANA									49.00	50.00
100 RANA	01.20.00	01.21.00	01.25.00	01.26.50	01.29.00	01.31.00	01.38.00	01.40.50	01.48.00	01.50.50
200 RANA	02.54.00	02.55.00	03.06.00	03.08.00	03.18.00	03.21.00	03.30.00	03.33.50	04.00.00	04.03.50
50 FARFALLA									47.00	48.00
100 FARFALLA	01.08.00	01.09.00	01.14.00	01.15.50	01.22.00	01.24.00	01.28.00	01.30.50	01.50.00	01.52.50
200 FARFALLA	02.35.00	02.36.50	02.46.00	02.48.00	02.56.00	02.59.00	03.25.00	03.28.50		
100 MISTI									01.41.00	01.43.50
200 MISTI	02.35.00	02.36.50	02.44.00	02.46.00	02.55.00	02.58.00	03.10.00	03.13.50	03.40.00	03.43.50
400 MISTI	05.30.00	05.34.00	05.52.00	05.56.00	06.15.00	06.19.00	06.45.00	06.50.00		